

**What's happening  
under your bonnet?**

**NHS Health Checks in Dudley - making  
sure you're in good running order.**

We can offer you a FREE NHS Health check if you answer YES to ALL of the following questions

- You have a Dudley Borough GP
- You have not had an NHS Health Check before
- You are between 40-74 years of age
- You have not been diagnosed/suffer from any of the following:  
Diabetes / Hypertension / High blood pressure / Heart disease / Stroke / Kidney disorder

- ▶ **Single visit appointment- no previous fasting or blood tests required!!**
- ▶ **Finger prick test only for immediate results!!**
- ▶ **Referrals to FREE local branded sessions for Slimming, Exercise, Healthy eating!!**

# Free NHS Health Check

Helping you prevent heart disease, stroke,  
diabetes and kidney disease

