



Directions

1 Thames Court, 2 Richfield Avenue, Reading, RG1 8EQ



Directions to Solutions 4 Health LTD

From the M4:

Leave the M4 at J11 and follow signs for Reading then Caversham. At the roundabout with the Crowne Plaza Reading Hotel, take the first exit onto Richfield Avenue. Go straight over one mini roundabout. You will find us on the left directly next to Sol-Tec LTD. Solutions 4 Health Post Code: RG1 8EQ

By Train:

Station Name: Reading Rail Station

Leave station and follow signs to Caversham. At the roundabout with the Crowne Plaza Reading Hotel, take the first exit onto Richfield Avenue. Go straight over one mini roundabout. You will find us on the left directly next to Sol-Tec LTD.

Tel: 0118 334 1861 **Email:** info@solutions4health.co.uk