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JOB DESCRIPTION FOR

Specialist Lead Dietitian

Employing organisation:	Solutions4Health Ltd
Contract Type:	Part Time 20 hours per week
Salary:	£15,847 - £20,686 depending on experience
Place of Work:	Peterborough
Company Division:	Healthcare

Please send your CV and covering letter to: recruitment@solutions4health.co.uk

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Please note if you have not heard within 6 weeks of the closing date, unfortunately you have not been successful on this occasion.

JOB SUMMARY

The Healthy Peterborough integrated adult wellness service provides holistic lifestyle support to the residents of Peterborough through a single point of access, using a targeted approach. This includes the provision of the following support:

- Stop smoking
- Tier 2-3 weight management
- Wellness coaches
- Healthy eating
- Physical activity
- NHS Health Checks (Outreach only)

The Lead dietitian/nutritionist will provide leadership and operational management and take overall accountability for delivering project outputs and outcomes of the specialist weight management service across Peterborough.



The role requires high levels of communication and customer care skills, a strong track record of delivering a range of weight management interventions for morbidly obese clients, high quality reflective and research practice and a positive approach to customer service.

Whilst the post - holder is responsible for their own British Dietetic Association registration, supervision is funded through a corporate agreement. Full training will be provided to ensure the post-holder is competent to deliver to the agreed local pathways and able to supervise others.

As the post holder will be working with clients with body mass indices in the very unhealthy range knowledge of the theory and practice associated with eating disorders will be a prerequisite. The post-holder must also be able to manage their own caseload and manage cases through the bespoke integrated health database.

Main Duties and Responsibilities

The post holder will be responsible for

- Delivering a clinically intensive and multi-disciplinary Tier 2- 3 service for the following adults:
 - Obese adults with complex needs who have not responded to previous Tier 2 interventions.
 - BMI of ≥ 35 kg/m² plus type 2 diabetes (reduced by 2.5 kg/m² of BMI in defined ethnic groups) and other co-morbidities.
 - BMI of 40+ without diabetes and/or other significant co-morbidities, such as metabolic syndrome, hypertension, obstructive sleep apnoea (OSA), functional disability, infertility and depression.
- Direct provision of two clinics per week and management of their own caseload
- Contributing to the development and implementation of evidence based best practice through involvement in clinical audit and research; and to the development and updating of evidence based clinical standards and guidelines, policies, procedures and patient information in response to new research and best practice
- Line management of the advanced dietitian

The post holder will

- act as an autonomous practitioner planning, developing and delivering the most appropriate behaviour change and treatment programmes for adult patients. This will include analysis of a range of complex needs required for patient assessment, and enable judgements to be made on the suitability of dietary modifications for patients with specialist clinical needs.
- demonstrate advanced communication skills, including developed listening and questioning techniques, to elicit patient history and information to ensure that effective dietary management is achieved.



- use communication skills to motivate and encourage patients to follow appropriate behaviour change and treatment programmes, using empathy, reassurance and analysis to uncover social/psychological factors that may affect a patient's ability to make positive changes, to achieve long-term lifestyle changes.
- work collaboratively with; local GPs and health care professionals, an advanced dietitian, exercise leads, wellness coaches, a psychologist and an administrator
- refer to GP's for the provision of pharmaceutical treatment in line with NICE guidance for obesity and the summary product characteristics (SPC) of the medication where required.
- monitor and review nutritional care plans against agreed outcome measures, and shall adjust care plans as appropriate to achieve behaviour change and treatment goals.
- engage effectively with local key stakeholders, especially GPs, as part of the development of the integrated multidisciplinary (community/primary care) team; and provide professional advice and guidance to health care professionals, including members of the multidisciplinary team.
- keep accurate records of all clinical interventions, advice given, and the outcome of decisions taken, in keeping with their professional code of conduct and internal S4H guidelines
- produce quarterly key performance indicators and ad hoc reports for commissioners
- work to maximise uptake among diverse groups locally
- ensure Company Policies are followed accordingly and comply with any other duties requested by the line Manager.
- support the Website and Social Media with anonymised case studies as requested
- to be involved in the planning and development of the tier 2-3 service if demands change

The range of duties and responsibilities outlined above are indicative only and are intended to give an overview of the range and type of duties that will be allocated. They are subject to modification in the light of changing service demands and the development requirements of the post holder.

ELIGIBILITY TO WORK IN THE UK

All applicants must be eligible to work in the UK. We only accept applications from candidates who are legally entitled to work in the UK and already registered as a current member of the British Association of Counselling and Psychotherapy.



EQUAL OPPORTUNITIES

Solutions 4 Health is committed to the development of positive policies to promote equal opportunity in employment. All employees have a responsibility to ensure that they understand, comply with and promote the Equal Opportunities Policy, avoiding behaviours which discriminate against colleagues, potential employees, clients or patients on the grounds of sex, marital status, race, age, sexuality, colour, nationality, ethnic or national origin, religion or disability.

DISCLOSURE AND BARRING SERVICE CHECK

All staff (whether employed or self-employed) either in direct contact with patients and/or with access to patient data are required to pass a Disclosure and Barring Service (DBS) check.

It is a requirement of this post that you undertake an enhanced DBS check, and you will be asked to complete and sign a Disclosure Form giving permission for the screening to take place. If you refuse to sign the form your appointment will not be progressed further.

SAFEGUARDING AND PROMOTING THE WELFARE OF CHILDREN AND VULNERABLE ADULTS

Solutions 4 Health is committed to safeguarding and promoting the welfare of children and vulnerable adults. This is defined as protecting children and vulnerable adults from maltreatment, preventing impairment of their health or development and ensuring that their domestic and social circumstances are consistent with the provision of safe and effective care.

NO SMOKING POLICY

Solutions 4 Health has a No Smoking Policy, which does not allow smoking by staff or visitors on any of our premises.

Person Specification for Specialist Dietitian

Essential

Education/Qualification:

- Degree/postgraduate qualification in Nutrition & Dietetics
- Registered Dietitian (Health & Care Professions Council)

Experience:

- At least three years' clinical experience of managing overweight and morbidly obese clients in 1-2-1 or group settings using a combination of nutritional and psychological/behavioural approaches
- At least three years' experience of managing staff
- Experience of training and/or teaching of health professionals and community workers, preferably in issues related to obesity/health promotion
- Experience in development and production of health promotion information and resources

Knowledge:

- An up to date understanding of evidence based practice and initiatives to tackle obesity in children and adults
- Good knowledge of obesity management, general dietetics, diabetes and behaviour change principles.
- Diets/needs of individuals from difference ethnic and religious backgrounds

Skills/Abilities:

- Good organisational skills, able to develop and implement efficient procedures, fluent in use of both paper and computer based systems (MS word, Excel and Outlook)
- Good project management skills
- Ability to manage workload and work to deadlines
- High level of self-motivation and initiative
- Able to tailor written and oral advice for different groups
- Excellent interpersonal, oral and written communication skills
- Ability to work effectively in a team, as well as unsupervised



- High levels of professionalism in working with the public
- Coaching skills
- Trustworthy, honest with confidential information and meeting critical deadlines.
- Proven track record of efficient care work related to the role description.
- Ability to work under pressure and with difficult situations.
- Motivation and ability to work both independently and collaboratively with senior management, commissioners, core team and volunteers. Able to communicate effectively with team members other stakeholders, professionals, customers, face to face, by telephone, email and letter.
- Quick learner, committed to continuing development of your own skills.
- Good attention to detail and able to prioritise in a busy environment

Desirable

- Member of British Dietetic Association and other specialist groups e.g. DOM-UK (Dieticians in Obesity Management in the UK)
- Up to date knowledge of public health initiatives and government policies related to obesity management