

Advisory Board

Mr Darush Attar-Zadeh

*BPharm MRPharmS D. Hyp (Distinction),
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Pharmacist and National Public Health Trainer

A Pharmacist and National Public Health Trainer, Darush Attar-Zadeh has specialised in the field of smoking cessation for over seventeen years and currently runs group sessions in the Chiswick Health Centre in West London.

He designs and delivers bespoke training events for QUIT, the NHS and numerous leading private establishments. He has also been involved in the development and delivery of the NCSCT Behavioural Support Training Programme.

Darush is actively involved in interactive training around motivational interviewing and behaviour change techniques. Some examples of the organisations he has supported include:

Healthy Living Pharmacies, GP practices, Nurses (NHS Health Check service) - very brief advice, smoking cessation, weight management, alcohol

Darush is the Author of the Knowsley Stop Smoking Practitioner Guide, has written many legal protocols and is a regular contributor to various journals, publications and medical media.