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JOB DESCRIPTION

Stop Smoking in Pregnancy Specialist (Breathe Stop Smoking Service)

Employing organisation: Solutions4Health Ltd

Contract Type: Full Time

Salary: £30,000 (fixed term full time 40 hours)

Place of Work: London Boroughs of Camden and Islington

Responsible to: Breathe Service Lead

Company Division: Healthcare

JOB SUMMARY

The Stop Smoking in Pregnancy Specialist (stop smoking advisor) will work within the Breathe Stop Smoking Service in Camden and Islington. The Breathe service is commissioned by Camden and Islington Public Health. It works collaboratively with the midwifery departments of the local NHS Hospital Trusts and supports the wider North Central London (NCL) Smokefree Pregnancy work stream. The post holder will be the main point of contact for referrals of pregnant women from maternity professionals. They will engage pregnant women to access the service; they will motivate and support them to achieve their desired goal of stopping smoking through a combination of home visits, community based and mobile clinics, and the provision of social clubs offering a friendly, relaxed environment for women to receive tailored support during their stop smoking journey.

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**1. MAI
N DUTIES AND RESPONSIBILITIES**

- Maintain regular communication and effective working relationships with maternity professionals in the three local NHS Hospital Trusts, in community services and other local partners as needed.
- Work collaboratively with the midwifery teams and the NCL Midwife Champions in the three local NHS Hospital Trusts, to streamline the referral pathway and establish feedback systems to ensure that midwifery teams receive timely feedback on all referrals made to Breathe.
- Work collaboratively with the midwifery teams in the three local NHS Hospital Trusts and the NCL Midwife Champions, to plan, promote and implement two 'Me Time' social clubs for pregnant women, one each in Camden and Islington, based on a model developed by Solutions 4 Health.
- Work to increase the number of referrals of pregnant smokers to the Breathe service, ensuring that all referrals are processed within 24 hours.
- Provide evidence-based behavioural support and pharmacological advice in the community and via home visits to pregnant women who want to stop smoking, in Camden and Islington.

**2. STO
P SMOKING SERVICE SPECIALIST PROVISION**

- Expl
ain to potential clients the principles of Stop Smoking Services, so that they can make an informed choice to use the Breathe service to stop smoking.
- Expl
ain to clients the health benefits of quitting smoking in pregnancy and the risks of continuing to smoke.



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- Provide evidence-based behavioural support and pharmacological advice in accordance with the National Centre for Smoking Cessation and Training (NCSCT) treatment protocols and Solutions 4 Health guidelines, to those wishing to stop smoking. Prov
- Provide a high quality and efficient service to the diverse communities of Camden and Islington.
- Contact pregnancy referrals and book in appointments. Con
- Set up clinics alongside the midwives in local NHS Trusts' Maternity Units. Set
- Undertake activities in keeping with the guidance set out by babyClear®, an evidence-based stop smoking intervention to reduce smoking in pregnancy.
- Monitor the effectiveness and outcomes of treatment programmes for clients.
- Be innovative and outcomes-focused, promoting increased access and engagement of smokers, in a variety of community venues across Camden and Islington.
- Ensure adequate provision of stop smoking advice at a range of times, days and locations, including evenings and/or weekends where required by the overall client and/or commissioner demand.
- Plan and organise workload effectively, this will include the management of a caseload, which will include home visits.
- Keep databases and client records up to date, using digital systems for client management, as required.

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- Actively seek and participate in promotional events, including face-to-face outreach, texting/calling previous clients or known smokers and other promotional initiatives that engage local smokers.
- Work together with other members of the Breathe team, e.g. using mobile clinics to support local residents in the community.

3. TRAINING AND PERSONAL DEVELOPMENT

- Complete the National Centre for Smoking Cessation and Training (NCSCT) 'Smoking in pregnancy and post-partum period' online module.
- Attend training for stop smoking practitioners provided by babyClear® in Camden and Islington.
- Enhance existing competencies and acquire new competencies, in line with agreed personal development plans as part of continuous professional development and the needs of the job.
- Ensure a commitment to own personal development by keeping up to date with research and best practice in smoking cessation.
- The organisation will provide training and materials to set up the "Me time" social club.
- Org
anise and provide trainings to midwifery staff.

4. OTHER

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- Day to day administration work will be required as part of this role
- Attend team meetings
- Work at weekends as required and no more than twice a month
- Undertake other duties that relate to this post.

ELIGIBILITY TO WORK IN THE UK

All applicants must be eligible to work in the UK. We only accept applications from candidates who are legally entitled to work in the UK.

EQUAL OPPORTUNITIES

Solutions 4 Health is committed to the development of positive policies to promote equal opportunity in employment. All employees have a responsibility to ensure that they understand, comply with and promote the Equal Opportunities Policy, avoiding behaviours which discriminate against colleagues, potential employees, clients or patients on the grounds of sex, marital status, race, age, sexuality, colour, nationality, ethnic or national origin, religion or disability.

DISCLOSURE AND BARRING SERVICE CHECK

All Solutions 4 Health employees either in direct contact with patients and/or with access to patient data are required to pass a Disclosure and Barring Service (DBS) check.

It is a requirement of this post that you undertake an enhanced DBS check, and you will be asked to complete and sign a Disclosure Form giving permission for the screening to take place. If you refuse to sign the form your appointment will not be progressed further.

SAFEGUARDING AND PROMOTING THE WELFARE OF CHILDREN AND VULNERABLE ADULTS

Solutions 4 Health is committed to safeguarding and promoting the welfare of children and vulnerable adults. This is defined as protecting children and vulnerable adults from maltreatment, preventing impairment of their health or development and ensuring that their

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domestic and social circumstances are consistent with the provision of safe and effective care.

NO SMOKING POLICY

Solutions 4 Health has a No Smoking Policy, which does not allow smoking by staff or visitors on any of our premises.

OCCUPATIONAL HEALTH CLEARANCE AND IMMUNISATION

The post may be subject to Occupational Health clearance, and immunisation against certain diseases may be required. These will be discussed with you during the recruitment process where applicable.