



## JOB DESCRIPTION FOR **Specialist Sexual Health Nurse**

Reporting to: Head of Integrated Sexual Health Services  
Salary: £31,365 - £37,890 FTE – Based on experience  
Location: Hereford  
Contract type: Full time (37.5 hours per week) (Job share Optional)  
Travel: Based at Hub in Hereford with occasional travel for outreach across the county.

### **JOB SUMMARY**

Solutions 4 Health has an exciting opportunity for an enthusiastic, committed, and experienced specialist sexual health nurse to join our experienced multi-disciplinary team working within our NHS Integrated Sexual Health Service in Herefordshire.

We are looking for candidates who have the necessary skills and experience to provide sexual health and contraception services to patients in our clinics. Evidence of experience and additional post registration qualifications and/or competences in the speciality must be demonstrated. Most importantly we are looking for someone with a passion for contraception and sexual health, a 'can do' attitude, an ability to work independently and as part of our multi-disciplinary team.

The successful candidate will be based at our Level 3 Hub Clinic on St Owen Street in Hereford, where most of their working days will be done. There may be an occasional need to travel to local outreach clinics to work clinically or attend training (any additional mileage/travel expenses incurred are reimbursed). The successful candidate will need to have some working flexibility as although most of the work is done within office hours, we have occasional evening clinics and weekend outreach.

### **MAIN DUTIES AND RESPONSIBILITIES**

- Contribute to the delivery of evidence-based personalised and compassionate care which places quality at the heart of specialist sexual health practice. Care will be responsive to individual needs and reflect current local protocols and national guidelines.
- To undertake nurse-led clinics working alongside nursing colleagues, to ensure continuity of service provision.
- To be responsible for setting high standards of care within the resources available and to review and monitor these on a continuous basis, through the process of audit, to ensure continuing quality of care.



- Assess the contraceptive need of the client, taking a comprehensive medical, gynaecological, sexual, and social history as appropriate.
- Offer testing for sexually transmitted infection, issue treatments as required, pregnancy testing and contraception provision of all methods including LARCs.
- To work within Patient Group Directions criteria issuing first supply and the re-issue of contraception and relevant treatments for sexually transmitted infections.
- To fit and remove sub-dermal implants competently or to work towards this.
- To fit and remove intrauterine devices competently or to work towards this.
- To offer pregnancy assessment, counselling and support for clients requesting referral for termination of pregnancy. To discuss contraception needs post termination with the service user.
- Undertake non-medical prescribing if appropriately trained and clinically competent.
- Perform cervical cytology as required and according to clinical practice and local eligibility guidelines.
- Post holder will manage their own workload and be able to plan, organise and prioritise their clinical responsibilities.
- To maintain high quality clinical electronic and paper records as applicable including plans of care, interventions and referrals, and respecting confidentiality always.
- Show an awareness of clinical competencies and scope of practice, and when to refer on to a senior member of the team in a timely fashion.

### **Communication and Relationships**

- To provide advice, information, counselling, and education on all aspects of contraception and sexual health.
- To communicate highly sensitive condition related information with empathy and reassurance.
- To work as an integral part of the Sexual Health team to promote the reproductive and sexual health of our service users.
- Frequently required to deal with sensitive and emotional situations, safeguarding referrals of children and vulnerable adults.
- To manage and supervise junior staff, carrying out appraisals and training when authorised by the Service Lead.
- To act as a Mentor for pre-registration students and provide education and support



for our Physician Associate trainees.

- To act as clinical supervisor to nursing/non-nursing staff where applicable, to ensure continuity of service provision.
- Have an in-depth knowledge of the Fraser Guidelines regarding provision of contraception and STI treatment to people under the age of 16. Be able to assess Fraser competence as part of a team of professionals and be aware of referral pathways for Safeguarding children as stipulated by the local Safeguarding Children's Board, liaising with other professionals as necessary.

### **Decision and Judgements**

- Management of a case load of clients within the speciality and prioritise workloads to meet the clients and service needs.
- To be aware and follow procedures for Safeguarding children and vulnerable adults.
- To undertake training and complete Patient Group Direction Competency Framework in the supply and administration of drugs to clients.
- To follow the Sexual Health services Patient Group Directions, when planning, implementing, and delivering care and treatment to patients.
- To ensure own Continuous Professional development.
- To undertake an annual Personal Development review and agree a Personal Development Plan to identify any necessary training needs Trust and job specific.
- To attend Mandatory training as required
- To be personally accountable for professional and ethical acts and omissions in compliance with the NMC code of Professional conduct.

### **ELIGIBILITY TO WORK IN THE UK**

All applicants must be eligible to work in the UK. We only accept applications from candidates who are legally entitled to work in the UK.

### **EQUAL OPPORTUNITIES**

Solutions 4 Health is committed to the development of positive policies to promote equal opportunity in employment. All employees have a responsibility to ensure that they understand, comply with, and promote the Equal Opportunities Policy, avoiding behaviours which discriminate against colleagues, potential employees, clients or patients on the grounds of sex, marital status, race, age, sexuality, colour, nationality, ethnic or national origin, religion or disability.



### **DISCLOSURE AND BARRING SERVICE CHECK**

All Solutions 4 Health employees either in direct contact with patients and/or with access to patient data are required to pass a Disclosure and Barring Service (DBS) check.

It is a requirement of this post that you undertake an enhanced DBS check, and you will be asked to complete and sign a Disclosure Form giving permission for the screening to take place. If you refuse to sign the form your appointment will not be progressed further.

### **SAFEGUARDING AND PROMOTING THE WELFARE OF CHILDREN AND VULNERABLE ADULTS**

Solutions 4 Health is committed to safeguarding and promoting the welfare of children and vulnerable adults. This is defined as protecting children and vulnerable adults from maltreatment, preventing impairment of their health or development, and ensuring that their domestic and social circumstances are consistent with the provision of safe and effective care.

### **NO SMOKING POLICY**

Solutions 4 Health has a No Smoking Policy, which does not allow smoking by staff or visitors on any of our premises.

### **OCCUPATIONAL HEALTH CLEARANCE AND IMMUNISATION**

The post may be subject to Occupational Health clearance, and immunisation against certain diseases may be required. These will be discussed with you during the recruitment process where applicable.

## Person Specification For Specialist Sexual Health Nurse

|   | Essential | Desirable |
|---|-----------|-----------|
| <b>Education and Qualification</b>  |           |           |
| • RGN and registration with NMC   | √         |           |
| • Post registration qualification in contraception, e.g., DFSRH   | √         |           |
| • GUM qualification or course in STIs e.g., STIF  | √         |           |
| • FSRH registered trainer   |           | √         |
| • Nurse prescribing qualification   |           | √         |
| • BSc degree in nursing   |           | √         |
| • Mentorship/training qualification   |           | √         |
| <b>Knowledge and Understanding</b>  |           |           |
| • Advanced knowledge of contraception and Sexual Health   | √         |           |
| • At least 3 years Sexual Health experience at NHS band 5.  | √         |           |
| • Experience of working in Nurse led clinics  | √         |           |
| • Knowledge and understanding of national guidance and policy related to the development of an integrated sexual health service | √         |           |
| • Knowledge of clinical governance  | √         |           |
| • Understanding of NMC Code of Conduct and Professional accountability  | √         |           |
| • Knowledge of current nursing issues   |           | √         |
| • Clinical audit  |           | √         |
| •   |           |           |
| <b>Experience</b>   |           |           |
| • Substantial post registration experience and significant experience working in Sexual Health                                  | √         |           |
| • Experience of staff management  |           | √         |
| • Experience of managing/implementing change  |           | √         |
| • Proven experience of team leadership and team building initiatives  |           | √         |
| • Experience in research  |           | √         |
| • Experience of working with young people   |           | √         |
| <b>Skills/Abilities</b>   |           |           |
| • Advanced skills in contraception and Sexual Health nursing  | √         |           |
| • Ability to work independently to make good decisions and deal with conflict   | √         |           |
| • Good communications and interpersonal skills  | √         |           |



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| • Good organisational skills  | √ |   |
| • Ability to demonstrate knowledge of standard setting and quality management   | √ |   |
| • Competent in the use of Lilie   |   | √ |
| • Support individuals to identify development needs through appraisal   |   | √ |
| • Non-judgemental – able to support client choices (including those of young people)  | √ |   |
| • Venepuncture, microscopy and cryotherapy  | √ |   |
| • Administering treatments and vaccinations   | √ |   |
|   |   |   |
| <b>Other Requirements</b>   |   |   |
| • Approachable and supportive of staff and senior colleagues  | √ |   |
| • Willingness to undertake further training and development   | √ |   |
| • Willing to carry out all duties and responsibilities of the post in accordance with the Service's Equal Opportunities and Equality and Diversity policies | √ |   |
| • Commitment to cover fixed early morning clinics, to work hours flexibly to meet service needs and work across different sites as required                 | √ |   |