

**Professor Lisa McNally**  
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7<sup>th</sup> November 2025

Mr Kishore Sankla  
Chief Executive  
Solutions 4 Health Ltd

Dear Kishore,

I am writing to offer my sincere thanks to you and the Solutions 4 Health team for your partnership and the calibre of delivery you have provided across Worcestershire this year.

As commissioner of both the Stop Smoking Service and the Healthy Worcestershire programme, I am seeing first-hand the impact of your work on residents, colleagues and local systems.

The Healthy Worcestershire Programme service is producing outstanding outcomes. The vast majority of participants have reported improvements in both overall physical activity and strength, balance and flexibility, alongside strong gains in mental wellbeing and social connection. These are exactly the outcomes the programme was designed to deliver for independence and quality of life.

Similarly impressive results are emerging from the Stop Smoking Service. You have worked with us to effectively increase uptake as well as promotion of smoking cessation generally across the County. Recent data shows a significant drop in smoking prevalence across Worcestershire, due in no small part to the work of Solutions 4 Health.

Beyond the metrics, what stands out is your team's attitude: constructive, transparent and solutions-focused. You have been a trusted delivery partner across a complex, multi-service portfolio. That professionalism shows in the feedback from residents and system partners.

The successes described above are no surprise to me as someone who has worked with Solutions 4 Health in a range of circumstances, including the challenging period of the COVID pandemic. So, if any commissioner would like to understand what it's like to work with Solutions 4 Health in practice, I would be very happy to speak directly as a reference—by phone, video call or in writing—about our experience of your performance and partnership approach.

Thank you again, Kishore, to you and everyone at Solutions 4 Health for the difference you are making in Worcestershire.

With best wishes,

Prof Lisa McNally



Director of Public Health, Worcestershire